

# **Become an AHS Mentor!**

<u>Statement of Purpose:</u> The Arlington Mentor Program will assist students in accomplishing the district's mission of becoming self-directed, lifelong learners through supportive relationships with caring adults. Mentors and students will participate in a number of activities structured to help build the character and competencies of students. Activity topics include:

- Goal setting
- Leadership
- Good citizenship
- Financial intelligence
- Career exploration

#### Ways to support our Mentoring program:

Community members who want to be involved can do so in several ways:

- 1) Become a mentor!
- 2) Help with recruitment (introducing mentoring to friends, colleagues and on social media platforms).
- 3) Help find volunteer facilitators (with expertise in one of the activity areas).

# **How Do You Become a Mentor?**

- Complete mentor application using this link <u>(Arlington Mentoring Program Application)</u>
- Schedule an interview. The interview is meant to assist the mentor team to best match our mentors with prospective mentees.
- з. Sign the mentor contract.
- 4. Attend the mentor training.
- 5. Background Check and Reference (\*No charge)

# **Arlington Mentor Job Description**

### **Mentor position:** Volunteer position

#### **Qualifications**

- Sincere desire to be involved with a student in a helping role.
- Strong listening and communication skills.
- Sensitivity to students of different educational, economic, cultural, or racial backgrounds.
- Patient, empathetic, and non-judgmental.
- Friendly, good-humored, and flexible.

# **Roles/Responsibilities:**

- Develop a positive relationship with mentee (grades 9-12).
- Assist with mentee problem-solving, goal setting and achievement of goals.
- Provide opportunities to build self-esteem and confidence.
- Serve as a positive role model.
- · Coordinate weekly meeting schedule with mentee.
- Maintain agreed upon level of contact over the summer.

# **Time Commitment:**

- One year or longer
- Weekly meeting with the mentee at AHS after school (2:20 pm)
- Mentor training session during each year of participation
- Attend optional mentor/mentee group events
- Attend consultation sessions with mentor coordinator

If you have any questions, please contact:

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